



Special Dietary Request Form

At Lutherdale, we strive to deliver a great dining experience for every guest. We are happy to assist you with any dietary restrictions or food allergies you may have. Some special items may incur an additional charge. While we make every effort to ensure your meal will be allergen free, we cannot guarantee this, as airborne contaminants may exist, or due to manufacturer substitution beyond our control. As a matter of health and safety, guests with special diets (particularly those with allergies) should speak with their dining server at each meal to confirm that their needs have been met.

Please understand that Lutherdale cannot accommodate all individual choice dietary requests (e.g. paleo, south beach, keto, etc.)

In an effort to serve you best, take a moment and complete the following form. Once it is complete, submit it to Lutherdale **2 weeks prior** to your visit. All late requests will be addressed on a case-by-case basis. Lutherdale will make every attempt to meet all special dietary and food allergy needs but cannot guarantee foodservice for all food allergies/requests.

Only individuals with Dietary Requests need to fill out and return this form
Gluten Free, Dairy Free, Vegetarian & Vegan Meals \$2.00 Extra Per Meal

Name _____

Group Name _____

Email _____

Phone Number _____

Date(s) of Stay _____

Intolerances/Allergies (Check all that apply)

Other intolerances or allergies, please explain:

- Vegetarian
- Vegan
- Gluten Free
- Dairy Free
- Diabetic
- Other

Vegetarians/Vegan check all that you can eat

Lactose Intolerant check all that apply

- Fish
- Eggs
- Dairy
- Other

- Cannot eat any dairy products
- Lactose intolerant but can eat butter
- Lactose intolerant but can eat cheese

If other, please explain:

Food allergies (check all that apply) Lutherdale is a peanut free campus.

- | | | |
|--------------------------------------------|------------------|----------------------------------------------------------|
| <input type="checkbox"/> Peanuts | Life Threatening | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> Other nuts | Life Threatening | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> Eggs | Life Threatening | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> Seafood/Shellfish | Life Threatening | <input type="checkbox"/> Yes <input type="checkbox"/> No |
| <input type="checkbox"/> Other _____ | Life Threatening | <input type="checkbox"/> Yes <input type="checkbox"/> No |